Food Services Director: Jennifer Wilinsky wilinskyj@readingsd.org
Please check the District Website, Food Services Tab to learn more.

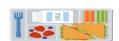
Sign Up for Schoolcafe.com to Look up nutritionals & make payments. Set up an account to receive low balance alerts.



## Reading School District High School Breakfast Menu March 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00



Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice.

\*\* Available Daily: Assorted Cereals, Muffins and Bagels\*\*

Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice

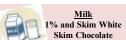


Fruit & Vegetable Options\*

Carrots Apples
Cucumbers Bananas
Broccoli Peaches
Cauliflower Pears
Celery Pineapple
Sugar Snap Peas Strawberries

Grapes

\*\* Fruit & Vegetable Provided Depend On
Availability



(Soy Milk is available for students w/dairy allergies)



	Monday	Tuesday	Wednesday	Thursday	Friday
					1-Mar
ms or					A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt  Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
ı	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar  Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut  Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll  Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
	A. Breakfast Pizza B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Apple French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Mini Pancake Bites B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt  Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut  Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll  Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
	No School	No School	No School	No School	No School
			l-C 4 M l D l		



\* Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal!

Choose up to TWO Sides of Fruit:

Fresh Fruit
Fruit Cup
Fruit Juice (only 1 serving)

\*Menu is subject to Change\*
The institution is an equal opportunity provider.



**Choose ONE Entree:** 

Daily Entree Special

