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Reading School District High School Breakfast Menu March 2024



Meal Prices
Adult Breakfast Meal - \$2.95 Adult Lunch Meal - \$5.00

 Breakfast meal must select 3 food items and one of the foods Must be a fruit or juice. ** Available Daily: Assorted Cereals, Muffins and Bagels**	Monday	Tuesday	Wednesday	Thursday	Friday
					1-Mar
Daily Juice Variety: Only 1 Juice Allowed w/Meal Apple Juice Grape Juice Fruit Punch Orange Juice					A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	4-Mar	5-Mar	6-Mar	7-Mar	8-Mar
 Fruit & Vegetable Options* Carrots Apples Cucumbers Bananas Broccoli Peaches Cauliflower Pears Celery Pineapple Sugar Snap Peas Strawberries Grapes ** Fruit & Vegetable Provided Depend On Availability	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	11-Mar	12-Mar	13-Mar	14-Mar	15-Mar
 Milk 1% and Skim White Skim Chocolate (Soy Milk is available for students w/dairy allergies)	A. Breakfast Pizza B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Apple French Toast Slice B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Baked Cinnamon Roll B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Mini Pancake Bites B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Egg, Cheese Breakfast Wrap B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	18-Mar	19-Mar	20-Mar	21-Mar	22-Mar
 HEALTHY EATING	A. Waffles B. Egg, Cheese & Bacon on Croissant C. Banana Bread Slice Craisins/Fresh Fruit/100% Juice Assorted Milk	A. Early Riser Hashbrown B. Egg, Cheese & Bacon on Croissant C. Benefit Cereal Bar Apples/Fresh Fruit/ 100% Juice Assorted Milk	A. Egg & Sausage Burrito B. Egg, Cheese & Bacon on Croissant C. Donut Peaches/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon French Toast B. Egg, Cheese & Bacon on Croissant C. Cinnamon Roll Applesauce/Fresh Fruit/100% Juice Assorted Milk	A. Cinnamon Toast Crunch Filled Bar B. Egg, Cheese & Bacon on Croissant C. Poptart & Yogurt Mixed Fruit/Fresh Fruit/100% Juice Assorted Milk
	25-Mar	26-Mar	27-Mar	28-Mar	29-Mar
	No School	No School	No School	No School	No School
The Knight Breakfast Meal Deal * Don't Forget- Take at least ONE fruit or juice, And at least Three items in total to be a complete meal! Choose ONE Entree: Daily Entree Special Choose up to TWO Sides of Fruit: Fresh Fruit Fruit Cup Fruit Juice (only 1 serving)					

Menu is subject to Change
The institution is an equal opportunity provider.